

SAMSARA



(646) 287 1706

spa by contemplacion hotel

WWW.SAMSARASPA.MX



WELCOME

Your Oasis of Relaxation & Wellness

Welcome to Samsara, a luxurious boutique spa nestled within the serene Contemplacion Hotel in Valle de Guadalupe.

After indulging in the region's vibrant vineyards, exquisite wines, and delectable dining, it's time to immerse yourself in pure relaxation.

At Samsara, our skilled therapists await to transport you to a realm of bliss.



Experience the soothing touch of our expert hands as they alleviate tension and restore balance with our blissful massages. Let our seasoned aestheticians rejuvenate your skin with luxurious facials, leaving you with a radiant and youthful glow.

As a guest of Samsara, you have exclusive access to the Contemplacion Hotel's exceptional amenities.

Enhance your wellness journey at the gym, where you can enjoy invigorating workouts while soaking in breathtaking views of Valle de Guadalupe.

Delight your senses in our heated pool with a view, or surrender to pure relaxation in the soothing embrace of our jacuzzi.

Escape to Samsara and discover a haven where time stands still, worries fade away, and tranquility reigns. Whether seeking solitude, a romantic getaway, or a serene retreat with friends, our intimate spa is your sanctuary of choice. Recharge, rejuvenate, and embrace a world of bliss at Samsara Spa—the epitome of luxury, serenity, and holistic wellness.

WWW.SAMSARASPA.MX

Parcela 325, Calle Merlot, El Porvenir, CP 22755,
Ensenada B.C. México.

Book your Experience (646) 287 1706

Hours:

9:00 AM - 7:00 PM



Connect mind, body, and spirit.

Immerse yourself in the ultimate spa experience

SAMSARA RITUALS

Each ritual is meticulously designed to transport you to a *state of deep relaxation* and rejuvenation, combining *luxurious treatments with holistic wellness* practices. From the soothing melodies of sound therapy to the revitalizing touch of our skilled therapists, *every element works in harmony to restore balance and tranquility*. Indulge in our signature rituals and discover a sanctuary where your mind, body, and spirit are *nurtured and renewed*.

SAMSARA CLASSIC

🕒 120 MIN
👤 \$ 200 USD
👥 \$ 380 USD

MAGIC SAGE

🕒 150 MIN
👤 \$ 250 USD
👥 \$ 450 USD

SAMSARA DELUXE

🕒 150 MIN
👤 \$ 250 USD
👥 \$ 450 USD

REFRESHING DELUXE

🕒 150 MIN
👤 \$ 280 USD
👥 \$ 480 USD

MAGIC SAGE DELUXE

🕒 180 MIN
👤 \$ 300 USD

DIAMOND BRIDE

🕒 180 MIN
👤 \$ 300 USD
👥 \$ 500 USD

WINE THERAPY

🕒 150 MIN
👤 \$ 250 USD
👥 \$ 450 USD

ENERGY BOOST

🕒 120 MIN
👤 \$ 220 USD
👥 \$ 400 USD





SAMSARA CLASSIC

🕒 120 MIN

👤 \$ 200 U S D

👥 \$ 380 U S D

*+Sound Therapy
+Aromatherapy
+Relaxing Massage
+Appetizer and Drink*

SAMSARA DELUXE

🕒 150 MIN

👤 \$ 250 U S D

👥 \$ 450 U S D

*+Facial
+Hydrating Mask*

From the first chord of Sound Therapy, you will be immersed in a state of deep serenity. Aromatherapy will add layers of relaxation with fragrances that soothe the senses. Let a relaxing massage release accumulated tensions, allowing your body and mind to find harmony. And as a final touch, delight your senses with an appetizer and drink, and a facial mask in the case of the deluxe package, completing this journey of well-being that renews your senses and balances your being.



From the moment the gentle Sound Therapy envelops you, you'll be transported to a state of deep relaxation. Aromatherapy enhances this sensation with intoxicating scents that awaken your senses. Your skin will be pampered with a hydrating mask and then undergo a deep facial cleanse to reveal a natural glow. The complete facial and body exfoliation will free your skin from impurities, leaving it smooth and radiant. The energizing massage that follows will revitalize your body, easing tensions and reinvigorating your spirit. As a final touch, enjoy an appetizer and a drink, completing this ritual of refreshment and absolute well-being.

REFRESHING DELUXE

+Sound Therapy
+Aromatherapy
+Hydrating Mask
+Deep Facial Cleansing
+Facial & Full Body Exfoliation
+Energizing Massage
+Appetizer and Drink

🕒 150 MIN | 👤 \$ 280 USD | 👥 \$ 480 USD



MAGIC SAGE MASSAGE

hot stones massage

🕒 150 MIN | 👤 \$ 250 USD | 👥 \$ 450 USD

MAGIC SAGE MASSAGE DELUXE

4-hand massage

🕒 180 MIN | 👤 \$ 300 USD

From the very first moment you taste our detoxifying Sage tea with organic honey, you'll feel how it revitalizes your senses and readies your body for well-being. Sound therapy will envelop you in its soothing melody, leading you into a state of deep calm, while the purification with white sage smudging cleanses and renews both your mind and your surroundings. Finally, the climax arrives with the hot stone massage or in the case of the Magic Sage Deluxe, a relaxing 4-hand massage, where two expert therapists come together in a synchronized dance of relief and relaxation.

+Purification with white sage smudging
+Detoxifying Sage tea with organic honey
+Sound therapy



WINE THERAPY

Begin your journey with a refreshing drink and appetizer to prepare yourself. Immerse yourself in a relaxing massage that will alleviate your tensions and transport you to a state of tranquility. Moreover, experience a rejuvenating body and facial exfoliation using grape seeds, essential oils, and a refreshing lotion, leaving your skin renewed and radiant. A treatment that combines care, comfort, and rejuvenation for overall well-being.

*+Body and facial exfoliation with grape seeds, essential oils, and refreshing lotion
+Relaxing massage +Drink and appetizer*

🕒 150 MIN | 👤 \$ 250 USD | 👥 \$ 450 USD

Launch into an energizing massage that will recharge your vitality and dissipate accumulated tensions. The presence of quartz crystals will enhance this experience by balancing your internal energies. Guided meditation will lead you to a state of deep tranquility, allowing you to connect with yourself and release stress. To complete this inner rejuvenation, enjoy a ginger tea with organic honey that will warm your senses and provide a touch of comfort.

ENERGY BOOST MASSAGE

*+Energizing Massage
+Quartz Crystals
+Guided Meditation
+Ginger Tea with Organic Honey*

🕒 120 MIN | 👤 \$ 220 USD | 👥 \$ 400 USD



DIAMOND BRIDE

This specially designed packaged will elevate every bride to a state of radiant splendor for that special day. That begins with a relaxing massage that dissipates all accumulated tensions, followed by the application of hot stones that will release muscle tensions and immerse you in a deep state of tranquility. Aromatherapy will envelop your senses with delicate fragrances, while sound therapy will lead you to a state of inner peace. A luxurious wrap will nurture your skin, and a gentle exfoliation will leave it soft and luminous. A personalized facial and a revitalizing mask will enhance your natural beauty. Finally, delight your senses with an appetizer and drink, completing this experience of total transformation.

+Relaxing Massage +Hot Stones
+Aromatherapy +Sound Therapy
+Wrap +Exfoliation +Facial
+Mask +Appetizer and Drink

🕒 180 MIN | 👤 \$ 300 U S D | 👥 \$ 500 U S D



A woman with long dark hair, wearing a white bathrobe, is sitting on a massage table. The table is covered with a white sheet and a patterned throw blanket with a fringe. The setting is a spa or wellness center with wooden walls and a wooden ceiling. In the background, there is a whiteboard and a small table with a vase of white flowers. The overall atmosphere is calm and relaxing.

Renew
YOURSELF
here



Massages

M E N Ú

relaxing

50 MIN \$ 99 USD | 80 MIN \$ 145 USD | 👤 50 MIN \$ 185 USD | 👤 80 MIN \$ 250 USD

hot stones

50 MIN \$ 110 USD | 80 MIN \$ 145 USD | 👤 50 MIN \$ 200 USD | 👤 80 MIN \$ 250 USD

deep tissue

50 MIN \$ 115 USD | 80 MIN \$ 170 USD | 👤 50 MIN \$ 210 USD | 👤 80 MIN \$ 300 USD

energizing

50 MIN \$ 99 USD | 80 MIN \$ 145 USD | 👤 50 MIN \$ 185 USD | 👤 80 MIN \$ 250 USD

therapeutic

50 MIN \$ 110 USD | 80 MIN \$ 160 USD | 👤 50 MIN \$ 200 USD | 👤 80 MIN \$ 300 USD

sport

50 MIN \$ 99 USD | 80 MIN \$ 155 USD | 👤 50 MIN \$ 200 USD | 👤 80 MIN \$ 300 USD

swedish

50 MIN \$ 99 USD | 80 MIN \$ 155 USD | 👤 50 MIN \$ 180 USD | 👤 80 MIN \$ 250 USD

Massages

M E N Ú

head neck and back

5 0 MIN \$ 99 USD | 👤 5 0 MIN \$ 180 USD | 👤 80 MIN \$ 250 USD

digestive

5 0 MIN \$ 99 USD | 👤 5 0 MIN \$ 180 USD

lymphatic

5 0 MIN \$ 140 USD | 👤 5 0 MIN \$ 220 USD

extremity relief

3 0 MIN \$ 60 USD | 👤 3 0 MIN \$ 110 USD

essential

3 0 MIN Massage + 3 0 MIN Sauna \$ 70 USD
👤 3 0 MIN Massage + 3 0 MIN Sauna \$ 130 USD



relaxing

5 0 MIN \$ 99 USD | 8 0 MIN \$ 145 USD
👤 5 0 MIN \$ 185 USD | 👤 8 0 MIN \$ 250 USD

Helps to harmonize the nervous system, inducing a state of relaxation in the muscles and mind.

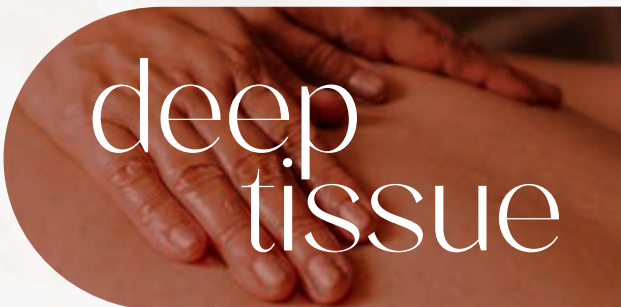
5 0 MIN \$ 110 USD | 8 0 MIN \$ 145 USD
👤 5 0 MIN \$ 200 USD | 👤 8 0 MIN \$ 250 USD

Traditional therapeutic massage with the application of stones at different temperatures on the skin, in order to facilitate the flow of vital energy.



hot stones





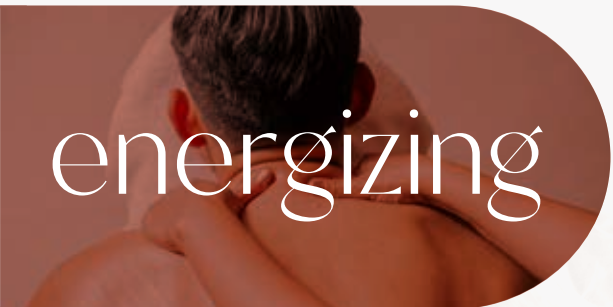
deep tissue

50 MIN \$ 115 USD | 80 MIN \$ 170 USD
👤 50 MIN \$ 210 USD | 👤 80 MIN \$ 300 USD

Deep pressure in the muscles that helps to release toxins stored for a long time.

50 MIN \$ 99 USD | 80 MIN \$ 145 USD
👤 50 MIN \$ 185 USD | 👤 80 MIN \$ 250 USD

Focused on toning, invigorating and awakening the physical and mental lethargy that has us mired in fatigue.



energizing



therapeutic

50 MIN \$ 110 USD | 80 MIN \$ 160 USD
👤 50 MIN \$ 200 USD | 👤 80 MIN \$ 300 USD

After increasing circulation, this allows to improve tendon and ligament injuries, as well as relax the muscles of the body. Elevates serotonin levels and increases relaxation.

50 MIN \$ 99 USD | 80 MIN \$ 155 USD
👤 50 MIN \$ 200 USD | 👤 80 MIN \$ 300 USD

Its purpose is to prepare the tissues for greater effort, prevent future injuries and improve the condition of the muscle tissues.



sport



swedish

50 MIN \$ 99 USD | 80 MIN \$ 155 USD
👤 50 MIN \$ 180 USD | 👤 80 MIN \$ 250 USD

A technique that applies long, gentle, and soft movements with the purpose of increasing circulation, stimulating the nervous system, and relaxing you.



50 MIN \$ 99 USD | 2 50 MIN \$ 180 USD
2 80 MIN \$ 250 USD

Treatment that provides immediate relief to the back and neck where stress accumulates.

head neck
& back

digestive

50 MIN \$ 99 USD | 2 50 MIN \$ 180 USD

Technique that applies long, delicate and smooth movements in order to increase circulation, stimulate the nervous system and relaxing you.

50 MIN \$ 140 USD | 2 50 MIN \$ 220 USD

Helps the lymphatic system, crucial for the functioning of the immune system. Stimulates the flow of lymph through delicate and precise techniques

lymphatic

extremity
relief

30 MIN \$ 60 USD | 2 30 MIN \$ 110 USD

An only weekday massage focused on relaxing your arms, legs, hands, and feet, providing quick and effective relief.

30 MIN Massage + 30 MIN Sauna \$ 70 USD
2 30 MIN Massage + 30 MIN Sauna \$ 130 USD

A 30-minute massage focused on the head, neck, and back to ease muscle tension and boost blood circulation.

This package also includes an additional 30-minute sauna session to detoxify the body.

essential



A close-up photograph of a woman's face, tilted back, with her eyes closed. Her skin is glowing with a golden shimmer. A fan brush with orange and white bristles is positioned near her cheek. The text 'PAMPER & RENEW' is overlaid in white serif font.

PAMPER
&
RENEW

Facials

M E N Ú



SAMSARA
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face masks

30 MIN **\$ 50 U S D**

facial hydration

Very effective treatment to nourish, renew and hydrate the skin, the result is a more luminous face with a soft texture.

45 MIN **\$ 75 U S D**

refreshing, moisturizing, nourishing facial

Completely necessary complement to facial cleansing for normal to oily skin.

45 MIN **\$ 85 U S D**

deep cleansing facial (extraction)

Equipment (High Frequency), treatment, mask, allows oxygenation of the skin, eliminates impurities and dead cells, removes black and white points. Stimulates the absorption of dermocosmetic products.

90 MIN **\$ 110 U S D**



SAUNA & STEAM

single

30 MIN \$ 30 USD

couple

30 MIN \$ 50 USD

Step into the soothing warmth of our sauna and steam room. These sanctuaries of purification invite you to release toxins, relax muscles, and deeply cleanse your skin, all while achieving mental peace in a tranquil setting. Ideal for revitalizing energy and clarity, our sauna and steam room offer the perfect retreat to rejuvenate both body and spirit.



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DISCLAIMER:

The company is not responsible for damage, injury or previous or subsequent ailment of the person receiving the treatment. Our treatments are superficial for aesthetic and relaxing purposes, it is important to inform our therapists regarding any medical condition.

Always consult your doctor or other qualified healthcare professional if you have any questions about your health.

GENERAL POLICIES

- 1.-** Reservations must be made directly with the hotel reception
- 2.-** Any cancellation of a reservation less than 1 hour before your appointment time, will generate a 50% charge, that is, half of the total cost of the service. If you want to reschedule the service, please check availability within a period not exceeding 24 hours
- 3.-** Any delay on the part of the client in his arrival time, will cause a reduction in the time of the service respecting the previously agreed ending time, in order to avoid harming the following reservations.
- 4.-** It is the client's responsibility to notify the therapist of any delicate medical or physical condition that they present and that may interfere with the requested service.

Hours:

9:00 AM - 7:00 PM

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RELAX

your *senses*





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